

COMMUNITY SERVICES AND SUPPORTS FOR CHILDREN AND YOUNG ADULTS WITH DISABILITIES

Aging and Disability Resource Centers
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Importance of Long Term Services and Supports

- In order for children and young adults to have the lives that they want there needs to be a system of services and supports that are flexible, readily available and comprehensive
- With these supports individuals can live with their families, live with others of their choosing, or live on their own

What you need to know about how supports are paid for?

- Medicaid is the major source of funding for long term services and supports
- For children under 18 years of age eligibility for Medicaid is based in part on parental income
- Children under 18 can become eligible for Medicaid **regardless** of parental income **if** they have a Medicaid waiver
- Texas allows for some parents and working adults to buy into the Medicaid program

What you can do to assist families

- Learn about Medicaid benefits and how to access services, including Medicaid buy-in programs
- Learn about how to plan for transition from children's services to adult services
- Learn about Medicaid waivers and the importance of getting on waiting lists
- Learn about changes that are coming to Texas Medicaid and ways to stay current

What we will cover

- Readily available options for children who have Medicaid
- Medicaid Home and Community Based Waivers
- Medicaid Buy-In
- Other potential services for children
- Changes in the way Medicaid will be delivered
- Ways to stay current

MEDICAID

Medicaid

- Established in 1965
- Title XIX of Social Security Act
- Enables states to furnish...rehabilitation and other services to help families and individuals **attain** or **retain** capability for independence or self-care

Medicaid

- Medicaid provides access to health care for certain people with limited incomes or extensive medical needs.
- Medicaid also pays for many long term services and supports for people with disabilities.
- Federal-State entitlement program, which means that individuals who are eligible are entitled to certain medically necessary health care services.

Medicaid State Plans

- Each state must have a State Plan consistent with federal requirements
- Set of 14 Mandatory benefits a state must provide and about 34 Optional benefits a state can choose to provide
- Once in a State Plan an Optional benefit become mandatory
- Medicaid requires that states cover all medically necessary services for those under 21, including mandatory and all optional services even those not in a state's Plan

Mandatory State Plan Services

In-patient and Out-patient Hospital
Services

Physician Services

Medical, Surgical and Dental Services

Home Health Care

Skilled Nursing Visits

Home Health Aide Services

Medical Supplies

Durable Medical Equipment

Physical Therapy

Occupational Therapy

Nurse and Midwife Services

Pediatric and Family Nurse Practitioner
Services

Rural Health Clinic Services

Laboratory and X-ray Services

Federally Qualified Health Care
Services

Renal Dialysis

Ambulance

Early and Periodic Screening,
Diagnosis and Treatment (EPSDT)
(under age 21 years only – Texas
Health Steps

Comprehensive Care Program (CCP)

Medical Transportation

Family Planning Services/Genetics

Nursing Facility Services

Optional State Plan Services in Texas

Prescriptions (limit three per month for adults)

Prosthetic devices

Vision

Respiratory care in the home

Parenteral hyperalimentation

Emergency medical

School Health and Related Services (SHARS)

Maternity Services

Chiropractic services

Hearing aids

Podiatry

Licensed Social Work Services

Counseling by Licensed Professional Counselor or Psychologist

Certified registered nurse anesthetists

Christian Science sanitarium

Birth center and Hospice care

Medically necessary surgery and dentistry

Advanced practice nurse and TB clinics

Physical Therapy

Intermediate Care Facilities

Personal Care Services

MEDICAID AND CHILDREN

Children and the Medicaid Program

- EPSDT: Early and Periodic Screening, Diagnosis and Treatment
- Enacted in 1967 as mandatory service under Medicaid
- Comprehensive and periodic evaluation of child's health, development, and nutritional status, including vision, dental and hearing

Children and the Medicaid Program

- In 1989 expanded to require all medically necessary services to children 21 years or younger
- In Texas the “treatment part of the EPSDT program is called Texas Health Steps – Comprehensive Care Program (CCP)

Expanded Services for Children under the age of 21

Occupational therapy

Physical therapy

Speech language services

Private Duty nursing services

Prescriptions (no # limits)

Durable medical equipment

Medical supplies

Prosthetics

Orthotics

Transplants

Dental services (including orthodontia)

Targeted case management

Licensed dietician services

Rehabilitation services

Clinic services

In-patient rehabilitation facility

Freestanding psychiatric services

Chemical dependency treatment

Christian Science nurse services

Medical nutritional products

Frequently Utilized Medicaid Benefits by Children with Disabilities

- Medicaid Case Management
- Personal Care Services
- Durable Medical Equipment
- Private Duty Nursing
- Therapy (OT, PT, ST)
- Psychological Services

Medicaid Case Management

- Case management for children and pregnant women.
Assistance with:
 - Access to medical services
 - Family problems
 - Education/school issues
 - Community services
- To request services contact Texas Health Steps
(877)847-8377

Personal Care Services

Personal care services in the home and the community that assist children and young adults with Activities of Daily Living, Instrumental Activities of Daily Living and Health Related Activities. Individuals must be under the age of 21 and have a physical, behavioral or cognitive disability.

Personal Care Services - PCS

- Eligibility based on functional need, not diagnosis
- Eligibility not based on severity of disability
- No limit on number of medically necessary hours, but based on assessment of need
- To request Personal Care Services contact:
TMHP Community Health Services (CHS)
1-888-276-0702
- For brochure, go to
<http://www.dshs.state.tx.us/caseman/pcs.shtm>

Durable Medical Equipment - DME

- Medically necessary equipment and supplies without limits

How do you access DME?

Contact a Durable Medical Equipment Vendor in your area for an assessment

- Physical therapy or occupational therapy evaluation needed for seating and positioning equipment
- Speech therapy evaluation and prescription needed for Augmentative Communication Devices

Private Duty Nursing - PDN

- Medically necessary nursing services
- No specific diagnosis required
- No set limits or caps on number of hours
- Hours based on assessment and physician's recommendation

How do you access Private Duty Nursing?

Contact a Pediatric Home Health Agency in your area and ask them to assess the child (0-21) for services

Therapy

- Medically necessary therapy OT, PT, ST
- Eligibility not based on diagnosis
- Condition does not have to improve in order to receive medically necessary therapy

How do you access Therapy?

Contact a Pediatric Home Health Agency or Pediatric Therapy agency in your area and ask them to assess the child (0-21) for services

TRANSITION FROM CHILDREN'S MEDICAID

What happens when a child turns 21?

- Will they receive a reduction in benefits?
- Are there other benefits that will take the place of the **Expanded EPSDT/CCP** benefits for children?

Medicaid Beneficiaries Over Age 21 Years

- Once a person turns 21 years old, he/she is no longer eligible for EPSDT/CCP
- Individuals over the age of 21 who were receiving nursing now can automatically receive services from the STAR PLUS + waiver
- Individuals might be eligible for Home Health Skilled Nursing Visits and Respiratory Therapy

Recap

Purpose of Medicaid

Eligibility

Texas State Plan

Expanded EPSDT/CCP Benefits for Children

Transition from Children's Services to Adult Services

Things to Keep in Mind

- Sometimes individuals are given erroneous information about Medicaid or receive denials for services
- It is important to appeal denials of services and supports
- Often told no without proper documentation

Questions

MEDICAID HOME AND COMMUNITY BASED WAIVERS

Home and Community-Based Services Waivers

Medicaid home and community-based service waivers afford States the flexibility to develop and implement creative alternatives to placing Medicaid-eligible individuals in hospitals, nursing facilities, or intermediate care facilities for persons with intellectual disabilities or related conditions.

Home and Community Based Services Waivers

- Flexible
- Wide range of services and supports possible
- Family and consumer driven
- Waiver eligibility is based on the finances of the person and not the family. For children under 18, the income of the parent is NOT considered, except for Texas Home Living
- Waiver is mechanism for individuals to become eligible for Medicaid
- Waivers are not entitlements so there can be waiting lists

Texas Home and Community-based Waivers

MDCP	Medically Dependent Children Program
CLASS	Community Living Assistance and Support Services
HCS	Home and Community Services
TxHmL	Texas Home Living Waiver
DBMD	Deaf/Blind and Multiple Disabilities
STAR+Plus	STAR+Plus
YES	Youth Empowerment Services

MDCP

MDCP – Medically Dependent Children Program

- Alternative to nursing facility for children under 21
- Does not consider parental income

Services

Respite

Home Modifications

Adaptive Aids

Flexible Family Supports

Transition Assistance Services

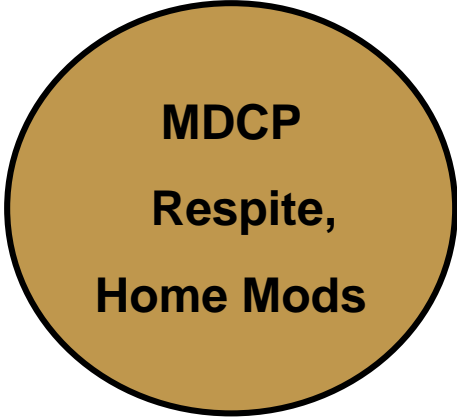
Employment Assistance

Supported Employment

Benefits



**Physician,
Prescriptions,
DME (wheelchair,
Vent), Private
Duty Nursing,
Personal care
services,
Supplies,
Therapies**



**MDCP
Respite,
Home Mods**

Important Facts About MDCP

- Mechanism for children and young adults to leave nursing facilities and get MDCP
- Automatically transition into STAR + Plus waiver at 21
- MDCP moving into STAR Kids Medicaid Managed Care in September of 2016 (SB 7)

CLASS

CLASS – Community Living Assistance and Support Services

- Alternative to ICF/RC institutionalization for children and adults
- Does not consider parental income
- Developmental disability that occurred before 22

Services	
Habilitation	Supported Employment
Home/Vehicle Modifications	Adaptive Aids
Therapy – ST, OT, PT	Specialized Therapies
Nursing	Respite
Behavioral Support including ABA	Prevocational Services
Support Family Services	Transition Assistance Services
Dental	Auditory Enhancement Training
Employment Assistance	

Benefits



**Physician/Hospital,
Prescriptions, DME
(wheelchair, wound
vac), Private Duty
Nursing, Supplies,
Therapies**

+



**CLASS
Habilitation,
Case Mgt.,
Home Mods.**

Important Facts About CLASS

- Mechanism for individuals to leave nursing facilities and get CLASS
- Individuals in CLASS whose needs exceed the individual cost cap can request from DADS the ability to exceed the cost cap
- All individuals 21 or older on the CLASS waiver who are not dually eligible enrolled in Medicaid Managed Care for their medical care in September 2014 (SB 7)

HCS

HCS – Home and Community Based Services

- Alternative to ICF/IDD institutionalization for children and adults
- Does not consider parental income, 300% SSI income limit
- Developmental disability with IQ below 70 or a Related Condition and an IQ below 75

Services	
Residential Assistance	Supported Employment
Home/Vehicle Modifications	Adaptive Aids
Therapy – ST, OT, PT	Day Habilitation
Nursing	Respite
Behavioral Support including ABA	Dental
Employment Assistance	

Benefits



**Medical,
Supplies**



**HCS Host
Home, Adaptive
Aids, Additional
Behavior
Support**

Important Facts About HCS

- There is a mechanism for individuals with intellectual disabilities and related conditions, regardless of age to leave nursing facilities and get HCS
- Individuals in HCS whose needs exceed the individual cost cap can request from DADS the ability to exceed the cost cap
- All individuals 21 or older on the HCS waiver who were not dually eligible, enrolled in Medicaid Managed Care for their acute medical care in September 2014 (SB 7)

TXHTML

TxHmL – Texas Home Living

- Alternative to ICF/IID institutionalization for children and adults
- Does consider parental income, must have Medicaid or SSI
- Developmental disability with IQ below 70 or a Related Condition and an IQ below 75

Services	
Community Support	Supported Employment
Home/Vehicle Modifications	Adaptive Aids
Therapy – ST, OT, PT	Day Habilitation
Nursing	Respite
Behavioral Support including ABA	Employment Assistance
Dental	

Important Facts About TxHmL

- TxHmL has a large array of services, but a lower cost cap
- All individuals 21 or older on the TxHmL waiver who are not dually eligible, enrolled in Medicaid Managed Care for their medical care in September 2014
- All or some of the benefits of TxHmL will transition to the STAR+Plus waiver by September, 1, 2017 (SB 7)

DBMD

DBMD – Deaf Blind with Multiple Disabilities

- Alternative to ICF/IID institutionalization for children and adults
- Does not consider parental income, 300% SSI income limit
- Developmental disability and have diagnosis of deafblindness as well as another disability

Services	
Residential Habilitation	Supported Employment
Home/Vehicle Modifications	Adaptive Aids
Therapy – ST, OT, PT	Day Habilitation
Nursing	Respite
Behavioral Support including ABA	Employment Assistance
Audiology	Chore Provider
Environmental Accessibility	Intervenor
Orientation and Mobility	Assisted Living (up to 6 beds)

Important Facts About DBMD

- Mechanism for individuals to leave nursing facilities and get DBMD
- Individuals in DBMD whose needs exceed the individual cost cap can request from DADS the ability to exceed the cost cap
- All individuals 21 or older on the DBMD waiver who are not dually eligible enrolled in a Medicaid Managed Care for their medical care in September 2014 (SB 7)

STAR+PLUS

STAR+Plus

- Alternative to nursing facility for individuals 21 or older
- Must meet the medical necessity criteria for admission to a nursing facility
- 300% SSI income limit

Services	
Personal Assistance Services	Supported Employment
Home/Vehicle Modifications	Adaptive Aids/Medical Supplies
Therapy – ST, OT, PT	Home Delivered Meals
Nursing	Respite
Behavioral Support including ABA	Emergency Response Services
Adult Foster Care	Dental
Transition Assistance Services	Employment Assistance

Important Facts About STAR+Plus

- Young adults who turn 21 and who age out of MDCP or Medicaid Private Duty Nursing move into STAR+Plus waiver with no wait
- Individuals who have SSI automatically get STAR+Plus waiver services with no wait, higher income individuals enter from waiting list
- There is a mechanism for individuals to leave a nursing home and move into STAR+Plus
- Individuals in STAR+Plus whose needs exceed the individual cost cap can request from HHSC the ability to exceed the cost cap
- All individuals who were in CBA transitioned to STAR+Plus on September 1, 2014 (SB 7)

YES

YES – Youth Empowerment Services

- Alternative to in-patient psychiatric treatment for children 3 - 18
- Must meet DSHS clinical criteria, including risk of self-harm, risk of severe disruptive or aggressive behavior

Services	
Community Living Supports	Specialized Psychiatric Observation
Home/Vehicle Modifications	Adaptive Aids
Professional Services	Para Professional Services
Nursing	Respite
Supportive Family Based Alternatives	Family Supports
Transitional Services	Non-Medical Transportation

Important Facts About YES

- The YES Waiver is currently available in the following Counties:
 - Bexar
 - Brazoria
 - Cameron
 - Ft. Bend
 - Galveston
 - Harris
 - Hidalgo
 - Tarrant
 - Travis
 - Willacy
- YES waiver is expanding statewide with projected roll out by end of 2015

Medicaid Waiver Interest Lists

- Make sure to assist the family to place their child's name on the waiting lists for all of the waivers that you think he/she might be eligible for.
- Remind the parent to ask the person who is taking their name to send them a letter showing the date that their child's name was put on the list.
- The waiting lists all move at different paces. The CLASS and HCS waiver waiting lists seem to take the longest time.

Waiting List Contact Information

Waiver	Contact Information
MDCP	1-877-438-5658
CLASS	1-877-438-5658
HCS	Local Authority http://www.dads.state.tx.us/services/index.cfm
Texas Home Living	Local Authority http://www.dads.state.tx.us/services/index.cfm
DB/MD	1-877-438-5658
YES	http://www.dshs.state.tx.us/mhsa/yes/

MEDICAID BUY-IN

Medicaid Buy-In for Children

Medicaid Buy-In for Children can help pay medical bills for children with disabilities. This program helps families who need health insurance, but make too much money to get traditional Medicaid. Families “buy in” to Medicaid by making a monthly payment (premium).

To be in this program a child must:

- Be age 18 or younger
- Meet the same rules for a disability that are used to get SSI
- Live in Texas.
- Be a U.S. citizen or legal resident.
- Not be married.



Get an application form for Medicaid Buy-In for Children (Form H1200-MBIC).

- Go to www.hhsc.state.tx.us. Click on “How to Get Help.” Then click on “Children.”
- Call 2-1-1 and ask to have a Medicaid Buy-In for Children application mailed to you.
- Go to an HHSC benefits office. Call 2-1-1 to find one near you.

Medicaid Buy-In for Adults

What is the Medicaid Buy-In program?

Allows certain people with disabilities who work to buy into Medicaid.

The program offers low-cost Medicaid health care services — including some community-based services and supports. Some people might have to pay a monthly fee.

Who can be in the Medicaid Buy-In program?

A person who:

Has a disability.

Is working.

Lives in Texas.

Does not live in a state institution or nursing home all the time.

Fill out an application form. You can get it one of these ways:

Download the form: <http://www.hhsc.state.tx.us/Help/1200-MBI-eng.pdf>

Call 2-1-1 and ask to have an H1200 form mailed to you.

Pick up a form at an HHSC benefits office. Call 2-1-1 or 1-877-541-7905 (toll-free) to find one near you.

OTHER POTENTIAL SERVICES FOR CHILDREN

Community Attendant Services

- Community Attendant Services provides individuals with physical disabilities assistance with activities of daily living such as bathing, dressing and eating. Services are provided by an attendant
- Financial eligibility is 300% of SSI and for children under 18 a portion of the income of the parents is deemed to the child and considered

How do you access Community Attendant Services?

- Call your local Department of Aging and Disability Services – Community Care for Aged and Disabled
- For a directory of local Department of Aging and Disability Services Intake offices go to the following website: <http://www.dads.state.tx.us/services/contact.cfm>

Children with Special Healthcare Needs

Provides health care benefits and family support to children with extraordinary medical needs, disabilities or chronic health conditions.

CSHCN

Family Support Services may include, but are not limited to the following:

- Respite Care
 - Specialized childcare costs
 - Vehicle Modifications such as Wheelchair lifts and related modifications
 - Home modifications
 - Special equipment
-
- To request services call 1-800-252-8023

IMPORTANT CHANGES TO LONG TERM SERVICES AND SUPPORTS

Senate Bill 7

Adults 21 or older

- In 2012, all adults with SSI living in rural parts of Texas were required to enroll in Medicaid Managed Care for their medical care.
- In September of 2014 all adults with SSI in all parts of Texas were required to enroll in Medicaid Managed Care for their medical care. This includes all people over the age of 21 that have SSI.
- Adults on HCS, CLASS, DB/MD waivers can continue to get their waiver services from these waivers or opt into STAR+ Plus waiver if they meet eligibility.

Children and Adults Under 21

- Currently children and young adults under the age of 21 who are on SSI or are SSI related, can choose to be in Medicaid Fee for Service (Traditional) or in Medicaid Managed Care.
- In September of 2016 all SSI and SSI related children will have to enroll in Medicaid Managed Care also called STAR Kids.
- Children on MDCP will get waiver services through STAR Kids Managed Care.
- Children on HCS, CLASS and DB/MD can continue to get their waiver services from these waivers.

New Benefit Coming

- Community First Choice will be added to the Medicaid State Plan on June 1st, and will offer basic attendant care and habilitation services for individuals who qualify including individuals with developmental disabilities.
 - Offered under STAR+Plus
 - New assessment completed by Local Authority
 - Provider base will include home health agencies, HCS, TxHmL and CLASS providers
 - Service coordination by Local Authority or subcontractor

WAYS TO STAY INFORMED

Department of Aging and Disability Services

- Community Options Book

http://www.dads.state.tx.us/providers/community_options.pdf

- Waiver Comparisons Chart

http://www.dads.state.tx.us/providers/waiver_comparisons/index.html

Department of Aging and Disability Services

- Long Term Care Service Information

<http://www.dads.state.tx.us/providers/index.cfm>

- Consumer Directed Services Information

<http://www.dads.state.tx.us/providers/CDS/index.cfm>

- List of Related Conditions

http://www.dads.state.tx.us/providers/guidelines/ICD-9-CM_Diagnostic_Codes.pdf

Health and Human Services Commission

- Managed Care Initiatives

<http://www.hhsc.state.tx.us/medicaid/managed-care/mmc.shtml>

For More Information

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