



Denton County
MHMR Center

Webinar for **Professionals, Caregivers** and/or family members

Mental Health First Aid

For Professionals, Caregivers and Family members

Mental Health First Aid (MHFA) is a groundbreaking public education program that helps the public identify, understand, and respond to signs of mental illnesses and substance use disorders.

First Two Hours—Self Paced Study Online

AND SIX ADDITIONAL HOURS OF GROUP STUDY VIA ZOOM

Thursday, December 8, 2022

9:00 a.m. - 4:00 p.m. (one hour lunch break)

STRONGLY SUGGEST A \$10 DISCRETIONARY CONTRIBUTION FOR COURSE COSTS

Presenter:

**Phyllis Finley, B.A., QMHP-CS, QIDP - Community Outreach Coordinator
Denton County MHMR**

**Yvette Richardson-Ellis, Community Training Coordinator
Denton County MHMR**

Online Registration Required (Limited to 30 People) at:

<https://mental health first aid 12-8-2022.eventbrite.com>

Self-paced study and course login will be emailed to you from Phyllis Finley with Denton MHMR

For questions please contact:

NCT AAA: Marty Mascari: Marty@NTADS.net or call (940) 202-4500 ext 101